



ONE STEP AT A TIME

CPD & NETWORKING EVENT

MONDAY 16 JUNE
2 - 5:30PM

PROGRAMME

Time	Session	Speaker
14:00	Welcome	Kim Alcock <i>McLarens</i>
14:15	Resilience, Reinvention, and Reaching Back Mandy Hunt shares her journey from leaving school at 17 to becoming Managing Director of MGA's at the Clear Group. She'll reflect on career progression, the role of qualifications and mentoring, and how personal challenges reshaped her perspective and purpose.	Mandy Hunt <i>Clear Insurance Management</i>
14:55	Understanding Imposter Syndrome and Bias Scenario-Based Exercises Explore imposter syndrome and bias through contrasting perspectives. This interactive session uses scenario-based role play to present both positive and negative viewpoints, encouraging reflection, discussion, and greater awareness of how these issues impact individuals and workplace culture.	
15:15	BREAK	
15:30	Tackling the Inner Critic: Confidence, Bias and Imposter Syndrome Explore how self-doubt, perceived bias, and imposter syndrome affect loss adjusters—especially in unfamiliar or challenging situations. Through real-life examples and panel reflections, we'll discuss why these feelings arise, their impact on behaviour, and how community, and continuous learning can help build confidence and resilience.	Nathan Holt <i>Crawford & Company</i> Ann Hewlett <i>Gallagher</i> Kim Alcock <i>McLarens</i>

16:15	<p>The Power of Mentoring and Community</p> <p>Sue shares insights on the mutual benefits of mentoring, the value of workplace support, and the importance of building a professional community. She'll present key takeaways from her experience for those looking to grow, connect, and learn to ask for help.</p>	<p>Sue Taylor <i>Sue Taylor Ltd</i></p>
16:45	BREAK	
16:50	<p>Panel Discussion: One Step at a Time</p> <p>Join our speakers for an open discussion on the key themes explored throughout the day - imposter syndrome, bias, confidence, mentoring, and community. This interactive session offers a chance to reflect, ask questions, and share insights on building resilience and support across the profession.</p>	<p>Helena Evans <i>Criterion Adjusters</i></p> <p>Nathan Holt <i>Crawford & Company</i></p> <p>Mandy Hunt <i>Clear Insurance Group</i></p> <p>Alison Unwin <i>Sedgwick International</i></p> <p>Julie-anne Headington <i>Channel Island Adjusters</i></p>
17:25	Closing Remarks	<p>Alison Unwin <i>Sedgwick International</i></p>
17:30	NETWORKING DRINKS	



CILA

18th Floor, 100 Bishopsgate

London

EC2N 4AG

www.cila.co.uk